

The Galaxy

DEC 2023/ 03RD ISSUE

**RADIO WITH SOUL:
HOW ZIMPAPERS
RADIO DIVISION
BROADCASTS FROM
THE HEART.**

**IS IT POSSIBLE
TO EAT HEALTHY
DURING THE
FESTIVE
SEASON?**

**BRITA SHARES
TIPS ON HOW
TO DRESS AND
KILL IT FOR ANY
OCCASION.**

**MOX, BECKY K
AND VCANDY**

*in festive inspired
career reflection*

COVERSTORY

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EDITOR'S NOTE

TO LET OUR HAIR DOWN AND BE MERRY

When the year starts, many people write down their goals and hopes. Some ducks fall into rows, while other targets keep moving sometimes beyond our reach. That is how life works;

only some set goals are achieved, but no goal was ever achieved without being set. As the year ends, this calls for a reflection and gratitude that we saw 2023 through. Remember to be kind to yourself and take a bit of rest. We promise to soothe your ears and set the festive mood as you recharge. Our array of programming and platforms will cater for your diverse needs. If you love conversation, Capitalk 100.4 FM is ready to drive the discussion. Star FM remains the trusted home of music, while Diamond FM is committed to amplifying the aspirations of the people of Manicaland and beyond. Platinum FM is the dominant voice of Mashonaland West, bringing you the stories of the region in a unique way. Whichever direction you look; we have you covered.

We, too, have had an exciting year. One of our proudest moments was when we introduced this magazine. We know we speak to you, our audience, through radio, but we decided to bring out another platform where we can engage in other ways. It was a leap outside our comfort zone, but your reception and warmth made it worthwhile. This edition of The Galaxy Magazine covers various topics and brings a different grouping of experts to speak to you. Chengetai Mnisi writes on setting achievable fitness goals into the new year, Roselin's Kitchen talks of eating healthy during the large family lunches over Christmas, and we have thrown in a few tips for ladies on how to look glamorous at end-of-year events. There is more content inside.

Our goal for next year is to continue bringing you more quality content. We want to continue to engage with you. Our goal remains simple: to add a layer of engagement with you beyond our radio programs. Put simply, we want to know you better and for you to know us better.

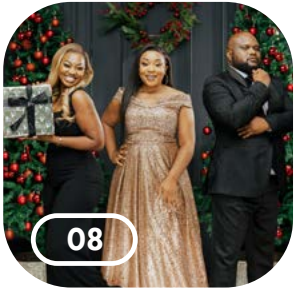
Until next year, stay blessed.

Linda Muriro



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REIMAGINING RADIO IN THE DIGITAL SPACE

GENERAL MANAGER | COMFORT MBOFANA

Since the introduction of commercial radio stations in Zimbabwe in 2012, the radio broadcasting business has grown significantly.

The growth has seen the emergence of a tightly contested media space, of six national stations and a host of provincial, campus, community and online stations. Competition has also emanated from mix TV stations, print media products and social media.

All these changes call for a creative and sustainable response. Radio has transitioned from merely being a platform for information, education and entertainment.

The communication process has undergone transformation, from being a one-sided medium as the listener is no longer a passive recipient of

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FROM THE GM'S DESK



content. Radio is now a highly interactive multi-platform medium with the listener at the heart.

In fact, we hardly talk of listeners now, we speak more of audiences. The word listener is too limiting in the description of people who consume modern-day radio content – in all its formats. Radio stations across the world now employ a multi-thronged strategy to fight for and retain audiences.

The digital revolution has been a great equaliser, individuals now have the power to produce content that competes with established institutions. This has translated to more options for audiences, there are many lines of content demanding their dwindling attention. Sources of content keep multiplying on digital sites, including Facebook, X, Instagram, TikTok, YouTube, LinkedIn and other platforms. To survive, radio has to follow the trends, analyse and verify the often uncensored information (because principles of good journalism still apply).

As the leading radio consortium in Zimbabwe, we have fully embraced the digital wave and we are winning in the highly competitive space. Our Facebook statistics for Star FM (the biggest urban radio station in Zimbabwe) are inching towards

the one million follower mark (we have surpassed 945k). This has come from investing in a digital department and pursuing an aggressive audience garnering strategy-creating resonant content.

The digital team, who also innovated with this magazine, have done so well that we are now ranked among the best regionally. Only Metro FM in South Africa is doing better than us digitally. As an old radio head, I find this amalgamation of traditional radio processes with new digital methods to be exciting. It reinforces the power of radio.

The new year beckons, and we will be adopting new things so we can increase the gap between us, the leading radio consortium and others who follow. For that to happen, all our processes must become not only digitally aligned but digitally agile. We stand ready to implement the vision we collectively share.

Exciting times ahead.

Merry Christmas and a Happy New Year.

Comfort Mbofana is the Zimpapers Radio Broadcasting Division General Manager.

GOODBYE 2023, GOOD MORNING 2024!



**GENERAL MANAGER
MARKETING DOVES HOLDINGS**
| JOEL GOMBERA

*"A dreamer's guide to goal setting
and achievement"*

The beginning of every new year is often characterized by setting new goals and resolutions. Many people take this time to reflect on the previous year and think about what they seek to achieve in the coming year.

During this period, people set goals be they personal, professional, health and financial. It is on these goals, which are usually grounded in self-improvement, that people anchor their plans. At the beginning of the year, there is a bit of euphoria. People often feel motivated and inspired at the beginning of the year to make positive changes in their lives. However, as the year progresses, people tend to run out of steam and give up on their set goals.

Here are some nuggets to elevate and propel you into 2024 as a professional, especially if you are in a position of leadership:

- **Set S.M.A.R.T goals:** Define the specific objectives and targets you want to achieve in the new year. This could include financial targets, team performance goals, or personal development objectives.
- **Develop a strategic plan:** Create a detailed plan outlining the steps and resources needed to achieve your goals. In a corporate setup, consider factors such as market trends, competition, and internal capabilities.
- **Communicate with your team:** Share your plans and goals with your team members to ensure everyone is aligned and working towards the same objectives. Never assume the team is well-versed and operating on the same wavelength as you. You might think you are leading from the front, yet you are walking alone with your team watching

from a distance.

- **Identify potential challenges:** Anticipate any obstacles or challenges that may arise in the new year and develop contingency plans to address them.
- **Invest in professional development:** Identify areas where you or your team members need to improve skills or knowledge and invest in training or development programs to address these needs.
- **Foster a positive work culture:** Create an environment that promotes collaboration, innovation, and open communication among team members.
- **Monitor progress:** Regularly review progress towards your goals and adjust where necessary to stay on track.
- **Celebrate successes:** Recognize and celebrate achievements along the way to keep morale high and motivate your team.
- **Stay informed about industry trends:** Keep up-to-date with industry news, market trends, and best practices to ensure you are well-informed when making decisions for the new year.
- **Take care of yourself:** As a manager or professional, it's important to prioritize self-care to maintain energy levels and avoid burnout throughout the year. This could include setting boundaries for work-life balance, practising mindfulness or exercise, and seeking support when needed.

Finally, commit your plans to the Lord, and he will guide your steps. ***Have a super blessed 2024!***



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COVERSTORY

BEYOND RADIO: MOX, V CANDY AND BECKY K SHOW BEAUTY OF PURPOSE

WRITTEN BY | GALAXY WRITER

Radio presenters under the Zimpapers Radio Division have a unique ability to connect their work and life goals. Whether it is design or coincidence, they are driven by purpose beyond just clicking the live button and speaking into the microphone.

This year has been a spectacular year for some of our presenters who have recorded growth in different areas and have had a fairly good season. They shared their reflections as the 2023 train screeches to a halt.

Mox and Hip Hop's crowning moment. The Moxinator's voice is unmistakable. Commanding, yet palatable enough to connect with even the youngest of listeners on radio. Over the years, the voice has become the

soundtrack of the afternoon, where he anchors the TXO one of the country's best urban radio program.

Dj Mox describes the time he has spent on radio as a fulfilling venture, one that has been sustained by a lot of learning and unlearning.

"The journey has been amazing, radio has been a fulfilling venture. One of the things I picked up and have kept close to me and made a mainstay is understanding that you have to be

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| COVER STORY

a student of life to be a good broadcaster,” he says.

As technology takes root in the world of media and broadcasting, Dj Mox says he has benefitted a lot from staying abreast with the changes, trends and keeping a close eye on emerging talent.

It is through this keen eye that has seen him look stars in the eye before the world imagines its existence.

The TXO has over time morphed itself into an incubatory platform where future hip hop honchos get a chance to speak to the world for the first time.

“Hip-hop is in a really good space. You can't exclude hip

come to pass.

“I think I am having a pretty chilled festive season. Some of my days will be spent on radio and I will have a few days where I will spend time with the Moxican Royal Family.

I think in the meantime it is just going to be more radio, more entertainment. My wish is that as Zimbabweans we have a very safe festive season,” says Dj Mox. Vee Candy’s moment of gratitude; when the stars align. MaDlamini, the voice that serenades millions, tackling hard topics with the smoothness of well-blended milkshake.

In her delivery it is easy to pick that there is a deep interest in current affairs and sharing an intricate explanation of how key ideas within her chosen areas of interest work. It is hardly



hop artists from the big shows at the moment. You have got big names now and some of the big names are some of the biggest artists in the country. This is what we like to see, we want to see more and more of this talent being exported,” he says.

For years, it appeared like an attempt to push a wall with bare hands as the genre appeared to be suffering from stagnation, while their dancehall counterparts were registering shows consistently.

Dj Mox was among those who were consistent in pushing the genre, perhaps holding the faith that one day the bright-eyed kids who dropped freestyles in his studio would move thousands during concerts.

His wishes are not too far from materialising.

“Now we need to have regional, continental and international quality being seen on the global stage. But we want to improve our structure, in terms of the industry, so that there can be greater benefits for the artists and those who push the genre,” he says.

With hip-hop sitting on top of the local music value chain, Dj Mox is looking forward to a relaxed Christmas and festive season; the type enjoyed by people whose predictions have

surprising considering that she holds a Degree in Political Science, a pursuit which was driven by her interest in serving the people around her.

“I have always been fascinated by Governance and Politics, so I would have been representing the people somewhere being the voice and mouthpiece of the people,” she says. For Vee Candy, if it wasn't radio it would have been perhaps parliament or council. God who is at the centre of her work had other plans for her and she is now serving her country through her voice.

“I am grateful to God, he has been the centre in my career as a radio personality. I don't say this as a cliché. I am one person who has not felt they have arrived at any given point in my career. I am always improving myself looking at ways I can sharpen my craft,” says Vee Candy. Vee Candy has always shown strong commitment towards self improvement. She was one of the earliest radio personalities to experiment with digital content. It was a genius idea born out of a ‘trying’ situation.

“I remember years ago, around 2018-19 when I started radio on Star Fm and I did not have a consistent shift or slot. I saw

| COVER STORY



the digital space, where a lot of presenters were not gunning for, as an opportunity for me to have my own space and niche. I had a show called the V Candy 411, running for a few episodes, and I kick myself for not being consistent enough but I had really been inspired to see where radio and the media space are going,” she says.

Vee Candy started on television where she was a continuity presenter, covering one-minute slots. Despite the humble beginnings, she continued to push until the whole country fell in love with her voice. This festive season, she is in a space of reflection, where she is grateful for having a platform to express her God-given gift.

“This Christmas I am grateful to have a platform. There was a point I was off radio for some time. I was home wishing I would get five minutes on radio to express myself, interact with the listeners and I didn’t get the chance. I am grateful for the platform that sometimes we take for granted but I am grateful to wake up every single day to broadcast and share my gift with people. I am so grateful for the platform, there are a lot of talented people out there and for others it is just a matter of getting a shot,” she says.

In the next year, she commits to being more intentional and implement ideas that come to her mind and she sometimes fails to bring them to life.

Becky K on consistency, taking chances and the importance of support systems

Since her transition to Capitalk FM, Becky K has cemented her name as one of the most eminent radio figures in Zimbabwe, if not the region. Her elegance has seen her brand grow, with corporate support serving as proof. One wonders how her daily calendar looks and how she manages it.

“Having a supportive team at home and work is what has kept me afloat, on my own I would be functioning at 30 percent which wouldn’t be much for the work I do,” she says. Despite

her glowing career, she has had moments of uncertainty where she was not sure how things would work out, despite having a brand that exudes calculated decision-making.

She describes her move to Capitalk FM as one of the standout moments in her career. She had made a name elsewhere and was pivoting to a different brand of radio. “When I moved radio stations, my concern was being accepted by the new demographic of listeners I was going to speak to. The welcome I received was epic. I sometimes revisit the moment and just smile,” she says.

For Becky K, her seamless adoption of Capitalk FM systems was born out of conversations with others who have walked the path before her. “Times are changing and we don’t know everything, as a presenter you need someone to hold your hand as in any other industry. It helps you correct yourself so you are always at your level best,” she says.

Becky K says she likes to share what she learns and she has been having conversations with some young talent in radio, exchanging ideas and insights. She says the secret behind a longstanding brand in radio is authenticity. “Everybody else is taken. You may have elements of those you look up to, but the overall person you give out should be 100 percent you,” she says.

After a hectic year which has seen her being busy for the most part, Becky K says she will be relaxing with her family decompressing and recharging. “I will be with my family. They have supported me through my growth in the industry and I love them so much,” she says.

For the trio, it is more than just radio. It is a fulfilment of different layers of purpose expressed through the medium. They promise that 2024 will be a continuation of excellence in their respective spaces of influence.

YOU CAN ESCAPE THE FESTIVE FLAB



WRITTEN BY |
CHENGETAI ROSELIN
MAKAWA -CHEF CHENGE.

Even the most disciplined of eaters find themselves letting their guard down; festive treats are hard to resist.

The festive season is upon us. It is called the ‘silly’ season for a good reason. It is the time when we attend family reunions, dance at endless parties and other occasions which may translate into heavy feasting. Even the most disciplined of eaters find themselves letting their guard down; festive treats are hard to resist. As we enjoy, let us not forget our bodies amidst the revelry. Here are some tips to regulate our eating as we indulge in the festive joy;

Hydration, my friend!

Festive merrymaking is usually accompanied by the intake of that liquid cheer we call alcohol. When drinking, it is important to stay hydrated. Drink as much water as possible to flush out toxins. Load up on water-rich snacks and goodies like watermelons and cucumbers to keep the hydration game strong.

Go for the protein and fibre power-up!

Want to avoid turning into a bottomless pit for snacks? Load up on high-protein and high-fibre foods! These will keep you full for longer and might just save you from becoming a snack-grabbing monster. Think red meat, whole grains, eggs, beans, and even popcorn – yes, popcorn can be your ally in this festive battle!



Exercise:

The not-so-naughty list item

Sure, ‘tis the season to relax and chill’, but let’s throw in a little movement too. A bit of exercise – just 30 minutes, three times a week – can keep the festive flab at bay. Take a walk, skip along with the kids, or hey, why not squeeze in a few squats during those ad breaks? Every little move counts!

It may not be easy to always remember the above, but it is worth a try. It may be the secret recipe to navigate through this festive foodie wonderland without feeling like a stuffed turkey!

Bon appetite!



Roselin's Kitchen

SIMPLE FRUIT JUICE RECIPE FROM ROSELIN'S KITCHEN



WRITTEN BY |
CHENGETAI ROSELIN
MAKAWA -CHEF CHENGE.

CALL

EMAIL

Watermelon Detox Juice

Ingredients

4 cups watermelon
½ teaspoon fresh ginger
½ cup cucumber
2 mint leaves
3 tablespoons lemon or lime juice
1 tablespoon honey (optional)

Instructions

1. Wash all ingredients thoroughly then cut watermelon, and peeled cucumber into cubes and place in a blender.
2. To the same blender, add chopped ginger, lemon juice, and mint leaves. Add honey, If you prefer extra sweetness.
3. Blend all ingredients together until the juice is smooth.



Kurima Kure Mari

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RADIO, WARMTH AND DANCE



WRITTEN BY |
STEVE VICKERS

A hearty reflection on the last quarter of taking radio to the people

Star FM went into overdrive in 2023, taking radio to the people and serving nothing but world class entertainment. What a year it has been! From broadcasting behind maximum prison walls, to the Great Zimbabwe ruins, from paying our loyal listeners “extreme visits” in their homes, to recording our first Christmas cover. We’ve done it all!

Our recent visit to Chikurubi Maximum Prison brought so much cheer not just to the inmates, but to our listeners, while it came with a measure of purposefulness to our presenters.

“What I want to say is everyone who is outside this place, is a candidate. This is why we have to be kind towards people undergoing rehabilitation,” these were the words by Star Fm’s Ndimiso when the station took radio to Chikurubi. His statement was an appeal to Zimbabweans to extend grace to individuals undergoing rehabilitation, at different prisons across the country. The road show at Chikurubi saw Templeman and Ndimiso hosting a Dancehall versus Sungura clash, which the inmates loved.

The event was the third of its kind, held annually since 2021.





In 2021, the event which is a celebration between radio personalities and inmates serving their sentences, was held in Marondera and the 2022 iteration was at Hwahwa Prison in Gweru. The roadshows extended beyond the prison walls, they extended to communities. Chiredzi hosted Ndumiso and Templeman where they interacted with different communities. Ndumiso’s experimental mind could not see him leave Chiredzi without exploring one of Africa’s largest beerhalls, Chigarapasi. He even went as far as broadcasting one episode of his Sungura Wednesdays from there. Star FM also did a live crossover from atop Great Zimbabwe. Tete Tilder, in her nurturing spirit, visited patients at Parirenyatwa Hospital with other presenters. We did live crossovers from the ward. We have a concept called Extreme Visit. This is when we go to the homes of our loyal listeners to spend some time with them.

KVG and V Candy paid an “Extreme Visit” to loyal listener Mai Lamisha in Chitungwiza; where they spent the day with her. It was a pleasant surprise for the avid listener who had a

chance to experience what it feels like to be on radio, when a crossover was done from her lounge. We also did broadcasts from the Zimpapers Cancer Power Walk, from Zengeza 2 shops and pulsating football commentaries on the Chibuku Super Cup semi-finals and the final in Ngezi, Mashonaland West.

The Zimpapers Radio Division family continues to grow. Babongile Sikhonjwa is the new host of the After Drive after its previous host Ollah 7, left the station to pursue other interests. We adjusted a few things, Faith on Trial bounced back with Ephraim Tagu. It now focuses on issues within the church. There is also a new sports show called the Monday Night Extra. We aim to continue evolving as a radio station, to speak to people’s hearts and be present in the community. We are encouraged by what we achieved during the last quarter, we hope to do more in the coming times.

With you, our listeners, by our side, we can achieve more.



The Galaxy

PRESENTERS

OUR IDEAL CHRISTMAS

Our presenters have had a long year, working hard to deliver quality shows to you. The numbers speak for themselves, STAR FM remains the leading commercial radio station in Zimbabwe. As the holidays beckon, our talented presenters will be kicking off their sneakers, letting their hair down and relaxing with their families. Wonder how a perfect Christmas looks to our stars? Well, ask no more.



**PLATINUM FM |
CHAIRMAN**

The festive season is upon us. It is called the 'silly' season for a good reason. It is the time when we attend family reunions, dance at endless parties and other occasions which may translate into heavy feasting. Even the most disciplined of eaters find themselves letting their guard down; festive treats are hard to resist. As we enjoy, let us not forget our bodies amidst the revelry. Here are some tips to regulate our eating as we indulge in the festive joy;



**CAPITAL FM |
FOLAKE**

My ideal Christmas would be on a quiet getaway in a sunny spot. I am seeing close to the ocean waves, with lots of fruit cake plus my family. Christmas for me has always been centred around family. I loved staying up until midnight for Christmas, for opening presents. This is a tradition we have upheld for over 30 years.



**PLATINUM FM |
NJONDAKADZI**

My ideal Christmas would be going on holiday with my family, especially my mother. It would be the perfect time to spend quality time together, having fun, trying new things and experimenting with different cultures. That is my ideal Christmas. If we are local, I enjoy the part where there is no budget attached to what we eat. Where I come from, in Hurungwe, when it is Christmas day, my mother cooks different dishes, and the buffet is open.

On this day you are allowed to eat the whole chicken alone, as long as your tummy can handle it. I love that. Additionally, Christmas usually does not have a curfew at home, And on Christmas there be no curfew at home ayii mafaro chete chero tikadzoka kumba mangwana haiite nyaya kumba.



**CAPITAL FM |
LOSHTO**

My ideal Christmas should be spent as far away from my work as possible. However, the nature of our job is to entertain and inform. As such, during the festive periods, we are usually working, and I have grown to enjoy it. During the year we do not get to have enough time to relax and meet as families. Christmas for us is a time to get together as siblings and our kids being merry and creating memories. We can be here in Harare or the rural areas, but this time we are planning on being at Haka Game Park.

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PRESENTERS



CAPITALK FM | SQQATTA

My ideal Christmas is one I would spend with family. It is a time for Thanksgiving, appreciation and sharing, it's only ideal to share such moments with family. My favourite Christmas tradition is the sharing of gifts. It brings joy to everyone, and the warm feeling of seeing everyone smile just does it for me.



STAR FM | DJ MOX

A trip would be nice, but most resorts are usually full house so it's a lot of traffic if you are someone who likes to disappear like me. So being at home for Christmas is not a bad idea. Chilling and catching up with family and friends is just perfect. Christmas trees and presents are a vibe and it's never missing from my personal must-haves. The African Christmas setting of course has the compulsory gochi gochi. All in all, Christmas is about giving and sharing and taking care of each other.



CAPITALK FM | PHATISANI

I will be spending my Christmas in our rural area. I am looking forward to drinking ma drink eparuzevha, you know those ones which change the colour of your tongue, your raspberries and crème sodas.

We will also slaughter a hen and after the meal you head to the growth point wearing new clothes. At the growth point you will be walking around the shopping centres, seeing friends and catching up.



STAR FM | J BOSS

I think I am a schizophrenic because as J Boss Chikwekwe Jones, the Star Fm radio personality, my ideal Xmas would be a six-hour shift on radio. It will be a straight-up party radio session with my Super Deeja's SD, Rackus and Joe Mentro from midday to 6 PM. From there, we go to my favourite spot in Harare Tarsha's for a delicious Xmas dinner and lots of drinks with my closest friends and then head home preferably at 3 AM.

But as Jabulani Christopher Hove it would be chilling at home with my kids, nyama pa braai stand, jumping castle for the kids, with lots of cake and ice cream. Our family tradition was going to the rural areas on the 24th, in the early days of the 25th we slaughter the cow and goat with the whole clan plus hwematanda kunaka!!!



STAR FM | BOOM BABY

I am a princess, so I get princess treatment because I am about that soft-life. During the festive season, we used to slaughter a beast or go to a resort and spend days between Christmas eve and the 2nd of January. There will be rides and pools, you can do everything on one entrance ticket. This year, I am taking the soft-life route. I am in my era of travel; this year catch me in Dubai. I will be eating my way through Dubai. I am looking forward to lot of cake and goat meat during Christmas. I will also be doing a lot of cooking, I am a good chef and I will spoil my loved ones with my cooking. New Year's, we are going to pop champagne, as you know Champagne is my totem.



STAR FM | DAYWALKER

Christmas for me is already worked out. We get together for a big family gathering. Our brothers, sisters, brothers' wives. We sit around the table, catching up and reminiscing about our childhood. That is my ideal Christmas.

The Galaxy

PRESENTERS



CAPITALK FM | TINASHE CHIKUSE

An ideal Christmas is one where we do not eat the ordinary food we eat at home. This is where we move from the broiler, and cook the road runner. We eat bread from a winnowing basket, rusero, sharing with the neighbours and being free.



PLATINUM FM | HOT PROPERTY

I love Christmas because I get to sit down with my family. It is the time we do what we call our family reunion. We sit down to plan the day. I would not mind going back to Victoria Falls. Most of the time we go there because it is also our hometown. Mostly, we will be booked at a hotel, just enlisting for activities in the proximity of the hotel we would be booked in.



CAPITALK FM | SHAMISO

It is about spending time with family, catching up and getting together. For years, this has been our tradition. My favourite Christmas tradition is the goat slaughtering, I love how we cook zvinyenze. Christmas is actually different for us, the tradition lately has been to kill a goat and prepare it in a different and unique way.





A YEAR TO REMEMBER FOR OUR SPARKLING DIAMOND



WRITTEN BY
| JABULANI MANGEZI

Seven is the number of perfection, according to the Bible.

As the sun sets on the 23rd year of the 21st century, Diamond FM has a lot to celebrate. The station, which turned seven this year, has firmly entrenched itself as a household name in the Eastern Highlands. Seven is the number of perfection, according to the Bible.

Indications are that Diamond FM will retain a profit in 2023, an impressive feat given the sustainability issues faced by traditional media in Zimbabwe. Many platforms have struggled with emerging technologies and alternative content platforms. Diamond FM listenership continues to grow, with the station retaining "most listened to regional station status" in Manicaland and steady growth in followers on digital media platforms. As 2024 beckons, technological advancements and the ever-evolving audience with dynamic

consumption habits pose a unique challenge that demands innovation. These factors also call for a new type of creative, willing to sail uncharted waters. The listener, viewer, and content curator have morphed into one being, seamlessly joined in the metaverse. Diamond FM is ready to carve a niche space for itself where it will package not only on-air and digital content but also host physical and virtual events that will captivate audiences and help shape discourse.

Our team of presenters, reporters and digital content creators stand ready to take on the challenges and opportunities that 2024 offers. We are, after all, Highlanders, adept at tackling summits. Come with us to the top of Mount 23, and let's toast out the year together while marvelling at the alluring view of 2024.

I wish you a Merry Christmas and a prosperous 2024.



THOBEKILE SIBANDA (NEWS PRODUCER/ PRESENTER)

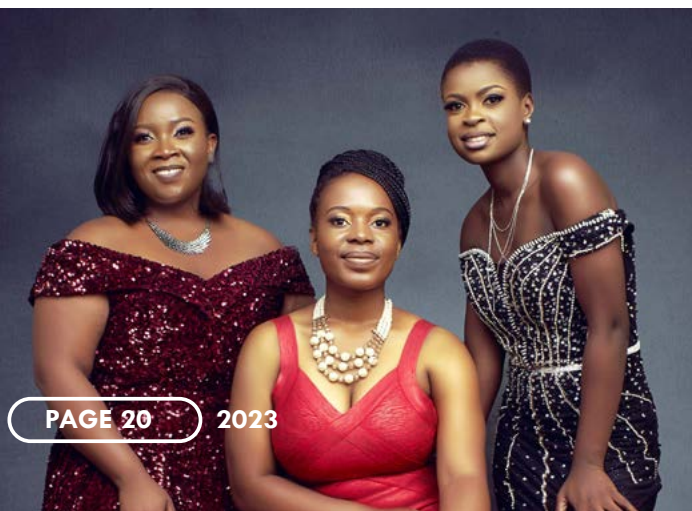
WRITTEN BY | GALAXY WRITER

I aim for heightened attention to detail, improved listening skills and breaking new ground. If you do not know who I am by now. Let me introduce myself. I am Thobekile Sibanda.

If someone had told me in 2019, when I signed up for the radio presenter masterclass, that my life would take a three-point turn, I would not have believed it. From the loss of my Father just months after joining the Zimpapers family, (which almost took my will to live), to surviving the uncertainties of the Covid-19 era, it is refreshing to emerge on the other side ready to take on the world. One of the things that has kept me going is the desire for growth, the ability to accept criticism and work well under pressure. Adversity is the right environment for resilience and 2024 will be no different.

I aim for heightened attention to detail, improved listening skills and breaking new ground. If you do not know who I am by now. Let me introduce myself. I am Thobekile Sibanda.

THvodloza! uDawuduna owaswela amabala wayabika eNkosini.
Uvela banyakaze
#NewsBae #BabesWeNdaba!



GEORGE MSUMBA (ZIMPAPERS RADIO NEWS SENIOR REPORTER)

WRITTEN BY | GALAXY WRITER

Wishing all our valued listeners a happy 2024 and as we reflect on 2023, we hope to introspect and provide news and current affairs that reflect the trajectory of the country and the aspirations of the citizens. We pray for the prosperity and unity of the Great Zimbabwe people!





HOW TO ROCK A FULL-GLAM LOOK THIS FESTIVE



WRITTEN BY |
GWEN MUGAURY

They say beauty lies in the eyes of the beholder, but in makeup artistry beauty lies in the 'hands of the skilled!' Possession of high quality makeup skills, applied on a healthy canvas and for the appropriate occasion can bring out the beauty in any living being.

This the season that demands festive makeup looks. From the end of year work parties, family get-togethers, awards ceremonies, weddings and any-excuse-to-celebrate events, make up is an inescapable part of the festive season. Here are my eight basic tips on how you can go above and beyond that everyday makeup look – from subtle to glamorous!

1. Prepare your skin well

Before applying any product, cleanse, moisturize, tone and prime your skin.

2. Use a full-coverage foundation to perfect your

complexion

Bolden the face contour for a perfectly carved face.

3. A shimmery or glittery eyeshadow is a MUST for the eye to pop!

Shimmer gives a fresh, youthful touch.

4. Go dramatic with the eye-lashes and a bold wing liner to give definition to the eye.

You can create the illusion of a wider eye with a tapered wing.

5. Highlight the cheeks, bridge of the nose and your cupid's bow for a glowing visage.

This enhances your bone structure and gives your face a lifted appearance.

6. A smudge-proof bold lip that matches the eye will work best.

Its glam season, there's no holding back!

7. Set the whole makeup with an illuminating fixing spray for a radiant finish.

It not only hydrates and illuminates the skin, but keeps makeup in place for much longer. Complement this makeup look with an appropriate dress attire, heels and accessories. Own it and rock it!

THE SECRET TO DRESSING FOR THE OCCASSION



WRITTEN BY |
BRITA MASELETHULINI

Time and again we find ourselves being invited to events. These could be corporate engagements, family reunions or any other social function which demands one's presence.

The occasions could be different, but one thing is guaranteed – there is an outfit question which eventually needs to be answered. Instead of feeling anxious over what to wear, an invite could be an opportunity for one to make a fashion statement and to assert their sense of style. This can be achieved through adhering to a few simple guidelines:

Respect the dress code

In most cases, your invite will indicate a dress code to follow, and in other cases, you can judge based on where the event is being held. When in doubt, consider asking the event planner what the dress code should be. It is better to ask than to miss the theme completely. A good indicator is to consider the time of day that the event is occurring. Generally, events held before 6 PM in the

evening are less formal. There are several dress code levels, best described by what the host wants people to wear in view of location. These are ordinarily grouped into three and understanding the expectation associated with each level can help you dress appropriately.

White Tie:

Women are expected to wear a ball gown and men must either wear a white tuxedo or a tuxedo of any colour accompanied by a white tie in tuxedo.

Black tie:

Men wear a black tuxedo, and women wear a formal embellished dress and comfortable high heels.

Parties:

These include events where there is room to be creative with the black tie or where the black tie is optional. Men can wear a suit, and women can opt to wear an embellished cocktail dress or outfit that allows their ankles to show with comfortable high heels. Some special occasions have a casual dress code. For example, smart casual, where men can wear blazers and sports jackets, and women can wear dresses or pants. These may be closely related to business casual, which is what many people wear to the office every day. A casual dress code could include jeans and slacks for women, shorts,

and chinos for men. There are other classifications of occasions which can be divided into four; family, business special occasions, special group support occasions and fun events. Family special occasions include baby showers, baptisms, engagement parties, weddings, and funerals. Business special occasions include promotions, recognitions and special award ceremonies. Special group support occasions cover many types of events. For example, sports teams or clubs hold dinners at the end of the season for award ceremonies. Fun events could be a night out at a club, a picnic or a barbecue. There are a number of tricky events which require one to be dressed well. Below are some of the following;

Weddings

Wedding invites often include dress codes, so read the invite carefully. When they add the theme color for example 'Burgundy and Gold', those colors are exclusively for the bridal party and her groom. You must not wear the colors mentioned lest you are mistaken to be a part of the bridal train. Always consider the wedding time. Daytime will allow you to wear more bright colored outfits that suit the event.

Cocktail party

A cocktail party is a reception where mixed drinks are served. When organized for social or business purposes, they are occasionally called mixers. As the name suggests, cocktail parties usually have a cocktail dress code. Men will wear a suit, sports jacket, or a blazer and a button-down shirt. There is no expectation that your jacket and trousers will match, but they should pair well. Women will want to wear a cocktail dress that has some sheen or light embellishment to it and typically end a little below the knee.

Work dinner

Depending on the company's culture, you will usually want to wear business formal to these dinners. Men can wear a dark-coloured suit, a white dress shirt, and a regular-width tie. Black, midnight blue, and dark brown are usually the best colour choices. Consider the event's formality when choosing a suit with or without a vest. You will also want to wear your dress oxfords or another style of formal shoes. Women may wear a suit (skirt, dress or pant-suit) in conservative colour (dark shades) and comfortable heels.

Most importantly, be comfortable, confident and have fun when you step out in style.





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AI CAN BE A WORTHY ALLY



WRITTEN BY | ALLEN MANGWANYA

ChatGPT is an advanced language model developed by OpenAI, designed to enable natural and interactive conversations with users. It leverages deep learning techniques to generate human-like responses in real time.

This Artificial Intelligence technology holds significant importance in our lives as it offers various benefits and applications across multiple domains.

Enhanced Customer Service

ChatGPT can be employed in customer service applications to provide personalized, prompt, and accurate responses to customer queries. It can handle a wide range of inquiries, improving

customer satisfaction and reducing the workload on support teams.

Virtual Assistants

By integrating ChatGPT into virtual assistants, users can engage in more comprehensive and natural conversations. Virtual assistants powered by ChatGPT can assist with tasks, answer questions, schedule appointments, and perform various other functions, mimicking human-like interactions. There are some organisations deploying AI as customer support assistants.

Content Generation

ChatGPT can assist content creators by generating ideas, providing suggestions, and helping writers navigate writer's block. It can act as a creative tool for writers, bloggers, and journalists, ensuring a continuous flow of inspiration and innovative ideas.

Information Retrieval

ChatGPT can be utilized to extract relevant information from vast databases and provide concise answers to user queries. This feature can enhance the efficiency of search engines, making the retrieval process more accurate and interactive.

Personalized Recommendations

By understanding user preferences and conversations, ChatGPT can offer personalized recommendations for products, entertainment, and services. This enhanced level of personalization can greatly improve user experiences across various platforms.

Accessibility and Inclusion

ChatGPT has the potential to make technology more accessible for individuals with disabilities. Its conversational abilities can assist people with visual or motor impairments, providing them with an alternative means of interaction with digital systems. As the technology behind ChatGPT continues to evolve, it has the potential to revolutionize various aspects of our lives, making interactions with machines more human-like, efficient, and tailored to our individual needs.

"It is crucial to recognize the ethical considerations and potential biases associated with AI systems and ensure responsible deployment to maximize the benefits while mitigating any risks."



MAY 2023 ISSUE 01

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YOUR HEALTH IS YOUR WEALTH



WRITTEN BY |
BERNADETTE K
WARAMBWA

*Here is how you can preserve it through food.
Good health is a product of many factors. Throughout history, food has been known to prevent and treat diseases and promote health.*

Today, as lifestyle ailments take a toll, we need to revisit some of the approaches of old. Our country Zimbabwe is richly blessed with a wide variety of whole unrefined plant, food resources. Some are found in the wild and others can be grown including fruits, vegetables, pulses and seeds. These foods are packed with vital vitamins, minerals and fibres, which are beneficial to good health.

Although we continue to encourage healthy eating, some are failing to wean themselves from trending contemporary foods. This brings my question; why can't we merge traditional and contemporary foods, creating healthy delicious dishes in the process? It is hard to imagine people from our young generation sitting in an uptown restaurant, eating sadza remhunga or zviyo, which are undoubtedly good for our health. Maybe we should consider cheesing them up or sprucing them creatively.

These small grains and traditional foods could be our saving grace. Imagine what can be done with Madora, otherwise known as Mopane Worms. Madora are rich in protein, fat and roughage.

Substituting our Beloved Beef occasionally with creatively prepared madora/amancimbi could benefit our health tremendously. Creative cooking could promote our African cuisine a great deal. Healthy eating complemented by physical exercises could give us maximum health benefits if taken as a daily programme. Examples are simple walking, brisk walking or jogging in place, jumping rope, swimming, cycling, gardening, and yard work. Aerobic exercises and Zumba dances; exercise can make us FEEL GOOD!

Exercise strengthens the heart, lowers blood pressure, lowers low-density lipoprotein cholesterol levels in the blood, strengthens bones, relieves anxiety, and helps maintain desirable weight levels; the list is endless. A positive mind is the secret to peace. Ambition and dreams, if left unchecked, become a health hazard.

We should drink plenty of water, the No-Calorie Wonder. They say, 'You are what you eat. Let's not dig our graves with spoons. Let's maintain good health and live long. It is possible to say goodbye to lifestyle-related health challenges.



A FEW HEALTHY LIVING INGREDIENTS



WRITTEN BY
| CHENGETAYI MNISI

Very few things in life are more important than good health.

Anything we do heavily depends on our well-being; we are least productive, focused, and happy when we are unhealthy. This is why it is important for us to be intentional about our wellness and how we manage our bodies.

Plan according to your realities

The first step towards maintaining good health is being aware and realistic about what is possible according to your lifestyle. For busy people, short workouts work best, while gym classes could be the best for individuals who like being among colleagues who share the same fitness goals. There are those who prefer working out in solitude and they stand to gain more if they enroll for an online exercise program or any other resource which makes it easy to work out in the comfort and privacy of their home.

You are what you eat

Diet and health are inseparable.

There are foods that compromise one's well-being in the long run and there are foods which aid a person's health goals. The magic is in knowing which food types fall under which category.

Being intentional about what we eat can play a great part in the pursuit of our body goals. Besides that, obvious benefit, a good diet also saves money in medical costs and as doctor visits may not be that frequent.

A dietary change or improvement does not have to be rocket science. It is usually the simple things. This could be drinking more water, eating more complex carbs or the consumption of more fruits and vegetables. All of these seemingly small changes can leave one feeling like a brand-new person.

For every worthy change, there must be sacrifice. We need to go easy on the alcohol, fast food, and sugar products for optimum health. This is not to say we should totally forgo these things, but they can be enjoyed in moderation. After all life must be lived and enjoyed.

Once you start, don't relent

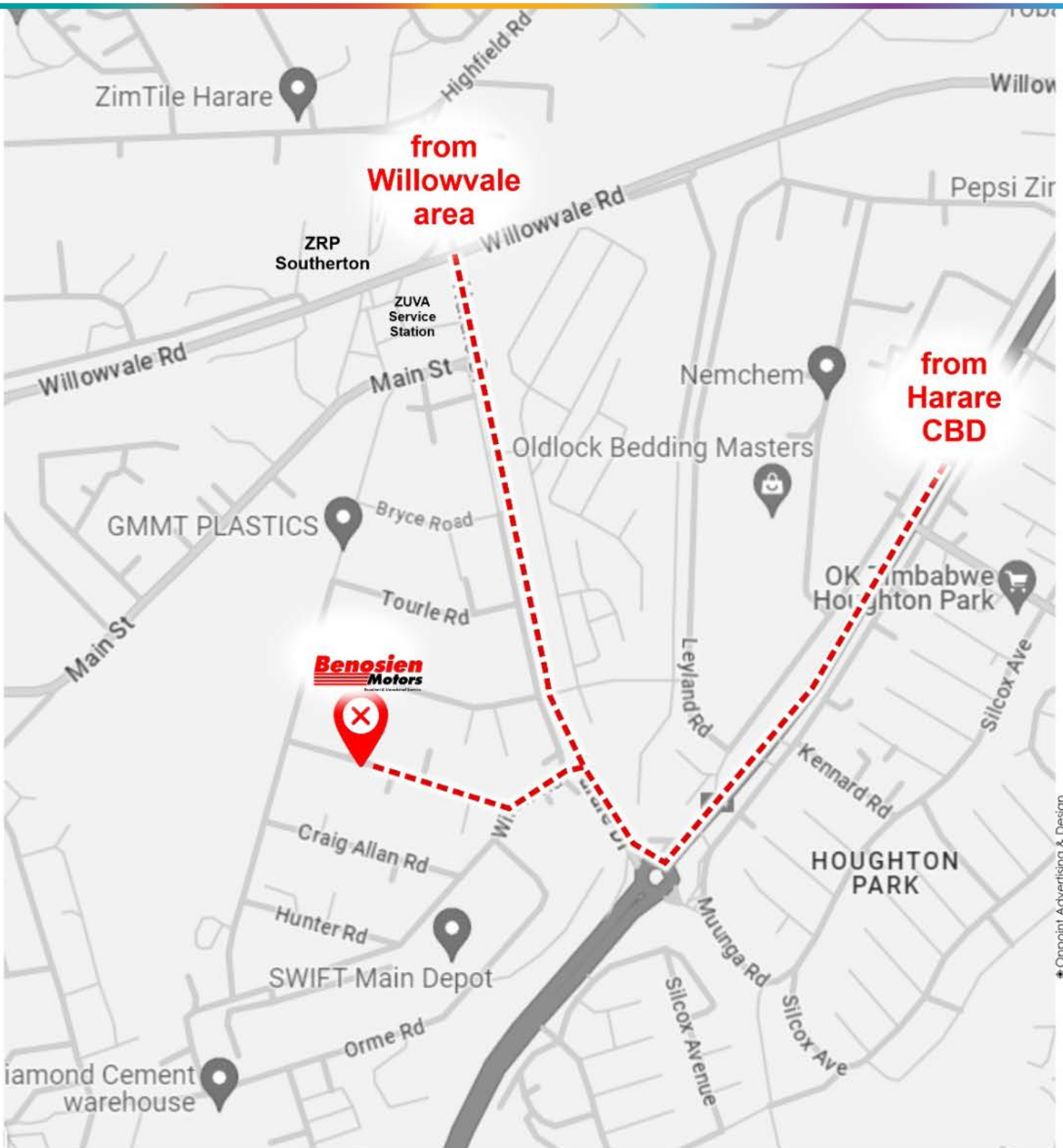
Consistency is the thread that ties everything together. Whatever your goals may be, if you follow them with a clear focus, you can achieve them. This could be gaining healthy weight, losing excess weight or maintaining optimum weight, the end goal is living in a body that makes you happy, confident and comfortable. These will look different everyday but over months and years, a fit & healthy body will show, no matter what you look like.

I believe that we are our first, most important and biggest priorities. May you treat yourselves as such; prioritise your health and wellness for the best quality of life you can have.

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NGEZI EARNS SIT AMONG PSL ELITES



WRITTEN BY |
RUKUDZO VENGEZA

Seven years after their promotion into top-flight football, Ngezi Platinum Stars won their first-ever Premier Soccer League title under coach Takesure Chiragwi in the 2023/2024 season.



The club, which has always been renowned for quality squads, had for long failed to crack the code which their mining counterparts FC Platinum seemed to have mastered too well. For a club that had made significant financial investments since its inception, critics were raising questions around the project and its potential.

After the disappointment of a fourth-placed finish last season, Madamburo came into 2023 determined to finally announce themselves among the big boys of local football. To achieve that, they knew they had to displace perennial champions FC Platinum, who had claimed the last four league

championships.

They did not make the best starts to the new season though - four consecutive draws had them looking up at the likes of Harare giants Dynamos, who had won their opening games. However, Ngezi Platinum quickly turned around their fortunes and won four of the five fixtures that came after, including a dominant 2-0 victory over FC Platinum, to give themselves belief and confidence that it could be their year.

They soon found themselves in second place, seven points behind Bulawayo giants Highlanders, who had built their ascent to the top of the standings on their stingy defence. Bosso only conceded four times in the first 19 matches of the season, and they

appeared to be a team destined to win the league. Something went wrong along the way and they began to fall apart at the back.

To add to the predicament, Highlanders struggled to score goals, and once their defence began leaking goals they started dropping points. As all this was happening to Highlanders, Ngezi kept winning. Once Bosso fell away, Ngezi had to deal with a rejuvenated Dynamos, now led by interim boss Genesis Mangombe, as well as quiet challengers Manica Diamonds.

A period of inconsistent results did not derail Ngezi's title charge, as rivals also failed to string wins together to take advantage of any slip-ups. A run of six wins in their final ten games of the season allowed them to wrap up the championship with two matches to spare.

A combination of enterprising attacking football with defensive solidity and great goalkeeping gave them the keys to success. They were led in attack by league top scorer Takunda Benhura, who finished with 13 goals. Nelson Chadya was the man between the sticks - he only conceded 23 goals and kept 17 clean sheets.

Their linchpin was the captain, Qadr Amin. He drove them forward from midfield, providing leadership and communication whilst chipping in with goals and assists. His contribution across the season landed him the Soccer Star of the Year accolade at the end-of-season awards, a much-deserved recognition for a season well played.

The year could have ended even better for Ngezi

had they beaten Dynamos in the Chibuku Super Cup final. They may have fallen short of being the first Zimbabwean club to claim a league and cup double in 11 years, losing 2-0 to DeMbare, but it was a glorious season for them all the same.

"Ngezi Platinum will represent the country in the CAF Champions League next year, while trying to build a dynasty of their own in the local PSL. Time will tell if they can manage the dance in the African safari and solidify their standing in local football."



The Zimpapers



RADIO BROADCASTING DIVISION

WISHES YOU A

Merry Christmas

and a prosperous new year!



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